

Sandi's Old Fashioned Pancake Mix

5 cups flour
1 1/3 cups nonfat milk (dry)
1/4 cup sugar
2 tablespoons baking powder
1 tablespoons salt

For each batch of pancakes (which will serve two people), add the following:

1 1/2 cups mix
1 egg, beaten
3/4 cup water
3 tablespoons vegetable oil

No need to buy a ready made mix when you can make your own, and have it on hand! Do you have lots of mouths to feed? If so, this recipe mix can be doubled or tripled, according to your needs.

Store mix in large container with a tight lid. Use more water if you prefer thinner pancakes. Fruit can be added just before putting cakes onto grill. A heavy, well seasoned cast iron skillet is the preferred cooking method.